



**SOCIAL CAPITAL  
RESEARCH**

**FRIDAY**

**FEBRUARY 4, 2022**

7PM GMT

2PM EST

11AM PST

6AM AEDT  
FEBRUARY 3

## USING SOCIAL CAPITAL IN INTERVENTIONS TO PROMOTE MENTAL HEALTH OF YOUNG PEOPLE: A DELPHI STUDY

In this presentation, I will talk about the findings from a Delphi study that explored the perspectives of 24 experts from around the world in a two-round iterative online survey conducted between August and December 2020. The presentation will discuss the areas of agreement and disagreement with regards to utilising social capital in interventions for promoting young people's mental health. It will highlight the nature of social capital interventions, the pathways linking social capital to young people's mental health, the indicators for assessing process and outcomes and the underlying contextual factors that affect intervention success. The study was part of a project whose overall aim was to develop a generic social capital theory of change to underlie the designing of interventions for promoting young people's mental health.

# KENNEDY OUMA SIGODO

**FREE WEBINAR**



KENNEDY OUMA SIGODO

Kennedy is a doctoral candidate at Glasgow Caledonian University under the supervision of Prof Antony Morgan. Kennedy's research interests span asset based community health, and child and adolescent mental health. He focuses on exploring the utility of social capital in health promotion programmes. In his current work, he is developing a social capital theory of change to promote mental health of young people. The output will be a testable framework that can be utilised and adapted to inform mental health interventions in multiple settings.

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