



**SOCIAL CAPITAL
RESEARCH**

FRIDAY

NOVEMBER 12, 2021

12AM PST

2PM CST

2AM EST

8AM GMT

7PM AEDT
NOVEMBER 13

SOCIAL CAPITAL AND COMMUNITY MENTAL HEALTH PROMOTION

Social capital is often considered as beneficial to mental health and has been targeted for community-based health promotion initiatives. However, recent evidence suggests that the relationship between social capital and mental health is more nuanced: social capital can be simultaneously beneficial and detrimental within communities. This presentation will first explore the current scientific knowledge on social capital, social capital interventions, and how they are approached in mental health promotion. It will draw from existing literature and examples from case studies to highlight the complexity of promoting social capital for mental health within specific communities, and how building social capital for some groups may have unintended consequences for others. Overall, it will question how social capital can contribute to and overcome mental health-related inequities, and will conclude by suggesting ways to improve current research and practice.

ANNAHITA EHSAN

FREE WEBINAR



DR **ANNAHITA EHSAN**

Dr. Annahita (Anna) Ehsan is a social scientist who uses multiple and mixed-methods to understand social inequalities and health. She is particularly interested in how social relationships play a role in health promotion, and how community interventions both reduce and reproduce health inequalities. She works directly with existing interventions to improve monitoring and evaluation, and uses integrated knowledge transfer to benefit practice.

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